

- Most authorities have now acknowledged that the action of fluoride is topical, on the outside of teeth (eg. toothpastes), making swallowing the chemical unnecessary as well as unsafe. It is like swallowing condoms to try to prevent pregnancy!

## What Fluoride is Used?

The public, and even professionals are led to believe that a pure, medical-grade fluoride is used. Fluorosilicic acid and sodium silicofluoride are in fact crude waste products from phosphate fertilizer factories, trapped in the 'pollution scrubbing' systems to prevent them polluting the atmosphere.



Company data sheets show the fluoride material to contain arsenic, lead and often cadmium, radionucleotides and other toxics.

## The Ethical Nightmare

A fundamental principle of health care in civilized countries is **'Informed Consent'** to treatment. With fluoridation this is wiped out.

(1) Have you ever given your **consent** for the water supplier to put fluoride medication into your water? Have you ever been asked?

(2) Has the government or water utility **informed you fully** about the chemicals and the likelihood of adverse effects?

- (3) Do they monitor how you are reacting?
- (4) By what right do water utilities treat you with fluoride medication daily, for life?
- (5) In Victoria all democracy has been removed from the practice of fluoridation. Communities are denied referenda or plebiscites on the matter. In effect fluoridation can be enforced even if 99% of people are non-consenting.

## SCIENTIFIC INFORMATION & WORLDWIDE NEWS

### Websites

BAFF: [www.baff.org.au](http://www.baff.org.au)

Fluoride Action Network: [www.fluorideAction.net](http://www.fluorideAction.net)

Ballarat: [www.fluorideawareballarat.com](http://www.fluorideawareballarat.com)

VFAG: [www.victorianfluorideactiongroup.org](http://www.victorianfluorideactiongroup.org)

### Articles

- \* Second Thoughts about Fluoride  
*Scientific American* magazine, Jan. 2008; 74-81
- \* Dr Hardy Limeback [dentistry professor]  
Why I am now Officially opposed to adding Fluoride to Drinking Water,  
[www.fluorideAction.net/limeback.htm](http://www.fluorideAction.net/limeback.htm)
- \* Dr Mark Diesendorf (2003)  
A Kick in the teeth for Scientific Debate  
*Australasian Science*, Sept. 2003; 35-37

### Books

- \* The Fluoride Deception (2004)  
by Christopher Bryson (Seven Stories Press)
- \* Fluoride: Drinking Ourselves to Death (2001)  
by Barry Groves (Newleaf)
- \* Fluoride Fatigue (2008)  
by Dr Bruce Spittle (Paua Press Ltd. NZ)

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# Water FLUORIDATION

## Should we swallow it ?



Historically many regions of Victoria rejected water fluoridation. In 2002 Health Minister Thwaites attempted to enforce fluoridation upon Geelong and other towns - a few succumbed, but not Ballarat, Geelong or Warrnambool.

The Bracks government then issued reassurance that it would not proceed without "strong, demonstrated, community support". But in 2007 Chief Health Officer Dr John Carnie declared that citizens had no say and fluoridation will be enforced upon all communities.

## **FLUORIDATION: shadowy origins**

Water fluoridation, a 1940s American idea was later adopted by most Australian capital cities. Brisbane though, along with 98% of Europe and much of the world, has consistently rejected it.

Fluoridation was enforced in Melbourne in 1977 over heavy opposition from the public and medical people including Sir Edward 'Weary' Dunlop. Victoria's Fluoridation Act tries to prevent those harmed from taking legal action.

Fluoridation's origins are too often reduced by authorities to a few lines about children's teeth. *The Fluoride Deception*, a massively documented history by Chris Bryson (2004), reveals that fluoride-polluting industries like aluminium smelting and even the Atom Bomb project were the greatest forces promoting it. Dental and medical associations were initially opposed, being very aware of the high toxicity of fluoride.

Most of the "scientists" who claimed fluoride in water was beneficial were in the employ of these heavy industries. No cost was too great for the industries to paint a new picture of fluoride, the industrial health hazard, as a healthy product.

Trials began in 1945 and the U.S. Public Health Service endorsed extending fluoridation in 1950 before any trials were complete, and without any studies of health effects on bones or other tissues.

Advertising experts were employed in the fluoridation cause, including the notorious Edward Bernays who had previously convinced the world that doctors supported smoking.

When toothpaste companies adopted fluoride their advertising budgets ensured its image was whitewashed, and the public and professionals effectively duped. The USA sent delegations to Britain and Australia to convince their authorities to adopt fluoridation.

## **Is Fluoridation Safe?**

The main chemical, fluorosilicic acid, is an Australian Schedule 7 poison. Since the 1950s reports have been published of health damage to consumers. The USA National Research Council review of fluoride in drinking water in 2006 confirmed a large range of health concerns.

Analysing over 1000 studies, many adverse health effects were found at the levels of intake likely for consumers of fluoridated water.

- Studies have shown increased rates of hip and other bone fractures in fluoridated communities.

- Fluoride damages bones and joints - skeletal fluorosis. Mild skeletal fluorosis is identical to osteoarthritis. Australian authorities are failing to monitor fluoride build-up in bones; a very likely suspect in our epidemic of arthritis.

- The frequently lethal bone cancer osteosarcoma has been linked with childhood fluoride exposure, in boys particularly. Our health authorities say they distrust this research, but cite little evidence for their reassurances.

- Dental fluorosis, discoloured brittle teeth, is found in 30-45% of children in fluoridated communities. Not all cases are mild; repair is very expensive.

- Thyroid gland impairment is a symptom of fluoride poisoning. Quite tiny amounts of fluoride can damage the thyroid if you are iodine deficient. The harmful level is consumed by many children using fluoridated water.

- People with reduced kidney function retain more fluoride in their bodies, increasing their risk of bone and organ damage. About 2 million

Australians may be affected by early-stage kidney disease. Our health officials are failing to monitor or advise us of these risks.

- Published evidence shows fluoridated water can cause stomach pains, mouth ulcers, skin irritation, bad headaches, visual disturbances, fatigue, mental depression, and more. Sometimes described as fluoride allergy, experts believe it is actually an elevated sensitivity to fluoride's toxicity.

- There is no margin of safety or dosage control for fluoride in your water. With some illnesses, hot weather and outdoor physical activity you consume much more water. Fluoride intake increases massively.

## **Does fluoridation Benefit anyone?**

Fluoridating agencies use circular endorsements from each other and cite very selective tooth decay data. Scientific studies fail to find much benefit from fluoridation.

- Tooth decay has reduced equally or more in non-fluoridated cities and countries, as seen in World Health Organization data. Cities that quit fluoridation in Europe and elsewhere have shown no increases in tooth decay at ten year follow-up studies.

- The biggest study by the USA National Institute of Dental Research (1990) found only tiny, non-significant reductions in tooth decay from fluoridation.

- Fluoride intake can delay eruption of teeth in children by 6 to 12 months, creating an illusion of a little less decay in a survey. Fluoride promoters refuse to correct for this.